



Walt Whitman JV Competition: Sunday, 1/21/2018

<u>Session 1: Large</u>			
<u>TEAM</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Walt Whitman	8:40	8:50	9:10
Lindenhurst	8:50	9:00	9:20
Ward Melville	9:00	9:10	9:30
Rocky Point	9:10	9:20	9:40
West Islip	9:20	9:30	9:50
Sayville	9:30	9:40	10:00
Sachem North	9:40	9:50	10:10
Smithtown East	9:50	10:00	10:20
<u>Session 2: Small</u>			
<u>TEAM</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
North Babylon	11:10	11:20	11:40
Pat- Med	11:20	11:30	11:50
West Babylon	11:30	11:40	12:00
Riverhead	11:40	11:50	12:10
Newfield	11:50	12:00	12:20
Bridgehampton	12:00	12:10	12:30
Hauppauge	12:10	12:20	12:40
Longwood	12:20	12:30	12:50
Centereach	12:30	12:40	1:00
Kings Park	12:40	12:50	1:10

<u>Session 3: Small</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Sachem East	1:40	1:50	2:10
Smithtown West	1:50	2:00	2:20
Northport	2:00	2:10	2:30
Amityville	2:10	2:20	2:40
Commack	2:20	2:30	2:50
Brentwood	2:30	2:40	3:00
Connetquot	2:40	2:50	3:10
HHH West	2:50	3:00	3:20
Mount Sinai	3:00	3:10	3:30
Comsewogue	3:10	3:20	3:40